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| **The Past Simple** | **The Past Continuous** |
| We use it for 2 or more actions which  happened **one after the other:**  *He****got up****,****went****to the bathroom  and****had****a shower.* | 1  We use it for 2 actions going on **at the    same time in the past:**  *I was reading a book****WHILE/AS****my  brother was listening to music.*   2   **A long action**was going on when it was  **„interrupted“ by a short one:**  ***WHILE/AS****he was driving, he saw a car  crash.  OR*  *He was driving****WHEN****he saw a car crash.* |